

# Women in Nuclear Mentor Training Programme including Mentoring

Headline sponsor



Event sponsor



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## Unlock your potential!

### Apply as a mentor or mentee to join this programme for WOMEN in the Nuclear Sector.

Mentor Training is open to all women and gender non-conforming persons who wants to level-up their skills, confidence and maximise their mentoring impact.



#### Training

Enhance your mentoring skills and insight through online on-demand bite-size training videos to flexibly fit your schedule.



#### Toolbox

Grow your mentoring toolbox with easy-to-use resources that will help engage and enrich your mentoring conversations.



#### Tailored

Personalise your development journey with monthly 50min facilitated group sessions to maximise your growth.

Run by STEMAZING Founder & CEO, Alex Knight. Alex brings a wealth of experience from 20 years' in engineering and mentoring many women. She developed this programme specifically to help people of all genders improve their effectiveness as mentors for women in STEM.

*"Really valuable programme. My **confidence as a mentor** has increased and I felt I was much more effective with my mentee as a result."*



To apply visit  
<https://tinyurl.com/mentoring2025>



Women in Nuclear is partnering with STEMAZING to launch a mentoring programme for women in the nuclear sector, designed to foster career growth, increase confidence, and build lasting networks for women and gender non-conforming persons within the nuclear sector. This programme is tailored to address the current gender imbalance in leadership roles and create a supportive talent pipeline.

We are looking to recruit mentors and mentees from across the nuclear sector.

There are 2 strands to this programme: Mentor Training and Structured Mentoring Sessions.

### **Strand 1: Mentor Training:**

A key aspect of this programme is ensuring mentors are supported and empowered to enable them to maximise their mentoring impact. The training is aimed at building confidence and a toolkit for new mentors whilst also providing those with previous mentor experience a fresh perspective and additional strategies. The training will focus on:

- Guidance and support strategies: Providing frameworks for effective mentoring, including goal setting, feedback delivery, and problem-solving.
- Adaptive mentoring and coaching tools: Enhancing the mentor's ability to understand and respond to the mentee's needs.
- Continuous development: Mentors will be given resources and access to a support network to further their own professional development during and after the programme.

### **Strand 2: Structured Mentoring Sessions**

- Participants will be carefully matched based on alignment of goals and expectations, ensuring a productive and supportive mentoring relationship.

### **To be eligible for this programme you must:**

- Be a women or gender non-conforming person who works in the nuclear sector or its immediate supply chains
- Be a member of Women in Nuclear
- Mentors should have a desire to give back and support the next generation of leaders.
- Mentees must be individuals who are eager to advance in their careers and gain insight into leadership and innovation within the nuclear sector.
- Applicants are encouraged from a variety of backgrounds, STEM and non-STEM and underrepresented groups in leadership roles, and those at earlier stages in their careers looking for career development opportunities.

*Previous experience of mentoring is not required.*

Thanks to our sponsors, this is a funded opportunity. It is therefore a requirement to fully commit to the programme. For mentors the time commitment is around 2 hours a month starting January 2025 and completing in Feb 2026. Mentees will have to commit to around 1 hour a month. All training and mentoring can be delivered virtually but there will be two in-person meetings to attend as well. Beyond this, we would be looking for participants to act as advocates for the future of the Nuclear Sector, be a role model and a mentor to others, and help drive change across the Sector and beyond.

**If this opportunity is of interest to you, please apply by 23:59 on 8th December 2024.**

Mentors and mentees will be notified of the outcome by 20 December 2024.

Mentor Training will start on 17th January 2025.

Kick-off meeting hosted by AtkinsRéalis in early February (in-person, date tbc)

Mentoring Meetings will run from February 2025 – February 2026

Programme completes January/February 2026 with event hosted by EDF.

Sponsors



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<https://tinyurl.com/mentoring2025>

